

## West Glamorgan Cross Country League Calendar 2010 / 2011

Oct 3rd 2010	North Gower (hosted by 3M's Gorseinon R.R.)
Nov 7th 2010	Fairwood Common (incorporating the West Wales Cross Country Championships) (hosted By Swansea Harriers)
Nov 28th 2010	Pontrhydyfen (hosted by Port Talbot Harriers)
Jan 9th 2011	Gnoll Estate, Neath (hosted by Neath Harriers)
Jan 23rd 2011	Corus (event organised by Corus Multisport Club).

The key race to remember is the one on the 1st of November which is the West Wales Championships